

Riverside Meadows Intermediate School

Breakfast

November, 2017

		1	2	3
		Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Sausage Pancake on a Stick Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly
6	7	8	9	10
Sausage Breakfast Sandwich Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Yoplait Fruit Smoothie and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Pancakes Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Holiday
13	14	15	16	17
Whole Grain Doughnut Bar Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Fresh Baked Fat Cat Muffin Squares Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Sausage Pancake on a Stick Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly
20	21	22	23	24
Holiday	Holiday	Holiday	Holiday	Holiday
27	28	29	30	
Sausage Breakfast Sandwich Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Yoplait Fruit Smoothie and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Pancakes Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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Lunch

November, 2017

		1	2	3
		Jumbo Corn Dog Ultra Bean and Cheese Burrito Taco Salad	BBQ Rib Sandwich Vegetarian Burger Picnic Pack Sandwich Meal	Primo Pepperoni Pizza Slice Primo Cheese Pizza Slice Fruit and Yogurt Parfait
6	7	8	9	10
Black Bean and Cheese Quesadilla Cheese Quesadilla Fruit and Yogurt Parfait	Chicken Taquitos Ultra Bean and Cheese Burrito Picnic Pack Sandwich Meal	Beef and Bean Chili in a Tortilla Boat Grilled Cheese Panini Pepperoni Pizza Salad	Teriyaki Chicken and Chow Mein or Rice Vegetable Egg Roll and Chow Mein or Rice Picnic Pack Sandwich Meal	Holiday
13	14	15	16	17
Mac N Cheese with Corn Bread Ultra Bean and Cheese Burrito Fruit and Yogurt Parfait	Crunchy Beef Tacos Black Bean and Cheese Quesadilla Picnic Pack Sandwich Meal	Chicken Strips Grilled Cheese Panini Cheff Salad	Hamburger Vegetarian Burger Picnic Pack Sandwich Meal	Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Fruit and Yogurt Parfait
20	21	22	23	24
Holiday	Holiday	Holiday	Holiday	Holiday
27	28	29	30	
Soft Pretzel and Cheese Dip Baked Cheesy Breadsticks and Pizza Sauce Fruit and Yogurt Parfait	Nacho Pack Ultra Bean and Cheese Burrito Picnic Pack Sandwich Meal	Breakfast for Lunch - Pancakes and Sausage Breakfast for Lunch - Pancakes and Yogurt Chicken Ceasar Salad	Mandarin Chicken and Chow Mein or Rice Vegetarian Egg Roll and Chow Mein or Rice Picnic Pack Sandwich Meal	

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!